



# HARRISON BARNES

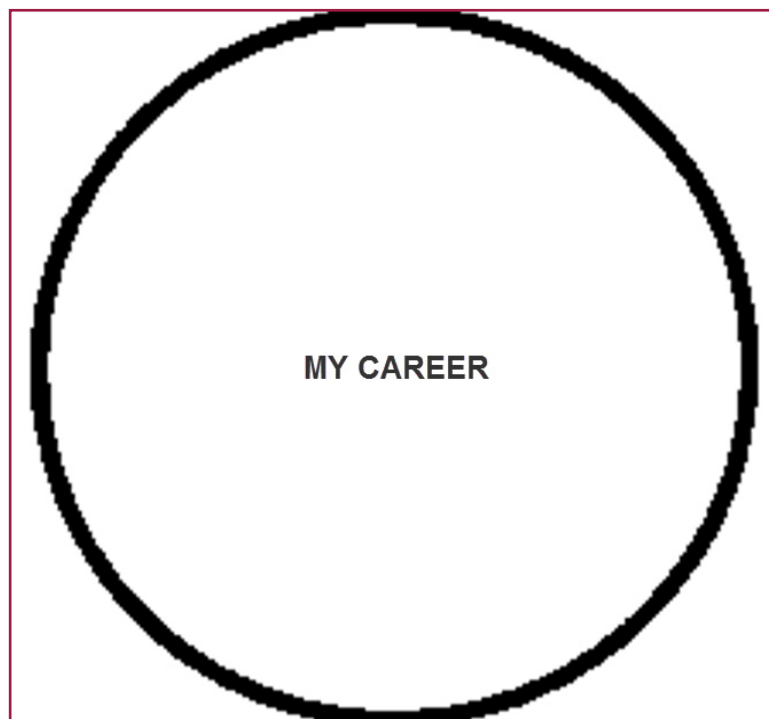
Career Tests

## EXERCISE E

### CAREER MAPPING

I want you to think about your life. Think about your career and write down every job that you have ever done that you were paid for and even the things you weren't paid for. This includes schooling, volunteer work, and summer jobs. Every job you've ever done.

Make a big circle in the middle of your paper and label it "My Career". In the middle of the circle, write all these different jobs you've done. Once you have this collection of all the jobs you've done, it's time to investigate how they fit in your career path.



For each position you've held, ask yourself:

1. Was I good at this job?
2. Did I get positive feedback?
3. Could I do this job forever?
4. Do I like it?