



HARRISON BARNES

Career Tests

EXERCISE B

INTEREST INVENTORY EXERCISE

Take a few moments now to grade your performance in your current profession and job.

The best way to see if you are in a job that makes the most of your skills is to choose the Top 10 skills your current job requires from the list in Exercise A then transfer these skills and your grades to the list below. This exercise can give you an idea if your current job is a good match for your skills and interests.

INTEREST INVENTORY EXERCISE

Current Job Skills Required	Interest (F to A)	Feedback (F to A)

If you work in a career where the highest grade you can give yourself overall is a B+ then that is going to eventually hold you back. If you are going to achieve your full potential, which includes your earning potential and happiness potential, you need to be in a job where you can give yourself an A. Every task you perform for your job should earn you an A.